

SEPTUAGESIMA MASS LITURGY

Opening Hymn: "Morning Hymn"

Lord this morn we raise our voices.
As the world in song rejoices
All the works of Your creation
Join to sing in admiration.

You have formed us, God our Savior.
Overwhelmed us with Your favor.
Blessed with gifts beyond all measure.
May we praise You now and ever.

At the moment we awaken
We will call to God in heaven.
When we call Him, He will hear us.
When we seek Him His is near us.

Some today did not awaken.
Through the night their souls were taken
Yet, we rise, our voices ringing.
To You Lord, our praises singing.

INTRODUCTORY RITE

Celebrant: In the name of the Father and of the Son and of the Holy Spirit.

Response: Amen.

Celebrant: Lord, bless us with the wisdom to praise You in spirit and in truth, so that by following Your holy we will gain eternal salvation.

Response: Amen.

THE PENITENTIAL RITE

C: My dear brothers and sisters let us confess our sins to God and prepare ourselves that we may worthily participate in this Holy Sacrifice. Please now make an examination of your conscience.

Confiteor

Almighty Father, You know my deepest secrets. I confess that I have, through my own fault, sinned against Your holy laws
striking the breast three times in my thoughts, in my words and in what I have done or failed to do. I sincerely regret my sins and I am truly sorry for offending You. I ask, Father, that in Your mercy You pardon my sins. I promise to change my way of living so that through a deeper holiness I may better serve You throughout the rest of my life. I ask the Blessed Virgin Mary, all the saints and you, my brothers and sisters, to pray for me to the Lord, our God.

C: May almighty God have mercy on us, forgive our sins and bring us to everlasting life.

R: Amen.

C: May our Lord Jesus Christ absolve you and, with His authority vested in me, I absolve you from all your sins: in the name of the Father, + the Son and the Holy Spirit.

R: Amen.

ENTRANCE RITE

Psalm 34: 15-16

C: Turn from evil and do good; seek peace and pursue it.

R: The Lord has eyes for the just and ears for their cry.

C: Glory be to the Father, and to the Son, and to the Holy Spirit,

R: As it was in the beginning, is now, and ever shall be, world without end. Amen.

THE KYRIE

C: Lord, have mercy. **R:** Lord, have mercy.

C: Christ, have mercy. **R:** Christ, have mercy.

C: Lord, have mercy. **R:** Lord, have mercy.

OPENING PRAYER

Let us pray. [pause briefly] Almighty Father, You filled us with knowledge and understanding and showed us the difference between good and evil. May we live according to Your word, see the splendor of Your majesty and hear the glory of Your voice. We ask this in the name of Your Son, Jesus Christ, Who lives and reigns with You and the Holy Spirit, one God, for ever and ever. **R: Amen**



LITURGY OF THE WORD

First Reading

Isaiah 58: 7-10

Thus says the LORD: Share your bread with the hungry, shelter the oppressed and the homeless; clothe the naked when you see them, and do not turn your back on your own. Then your light shall break forth like the dawn, and your wound shall quickly be healed; your vindication shall go before you, and the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer, you shall cry for help, and he will say: Here I am! If you remove from your midst oppression, false accusation and malicious speech; if you bestow your bread on the hungry and satisfy the afflicted; then light shall rise for you in the darkness, and the gloom shall become for you like midday. This is the Word of the Lord.

Responsorial

Psalm 112

R: The just man is a light in darkness to the upright.

Light shines through the darkness for the upright; he is gracious and merciful and just. Well for the man who is gracious and lends, who conducts his affairs with justice. **R:**

He shall never be moved; the just one shall be in everlasting remembrance. An evil report he shall not fear; his heart is firm, trusting in the LORD. **R:**

His heart is steadfast; he shall not fear. Lavishly he gives to the poor; His justice shall endure forever; his horn shall be exalted in glory. R:

Second Reading

1 Corinthians 2: 1-5

When I came to you, brothers and sisters, proclaiming the mystery of God, I did not come with sublimity of words or of wisdom. For I resolved to know nothing while I was with you except Jesus Christ, and him crucified. I came to you in weakness and fear and much trembling, and my message and my proclamation were not with persuasive words of wisdom, but with a demonstration of Spirit and power, so that your faith might rest not on human wisdom but on the power of God This is the Word of the Lord.

Alleluia Verse

John 8: 12

C: Alleluia, Alleluia, Alleluia!

R: Alleluia, Alleluia, Alleluia!

C: I am the light of the world, says the Lord; whoever follows me will have the light of life.

R: Alleluia, Alleluia, Alleluia!

Gospel

Matthew 5: 13-16

Jesus said to his disciples: "You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot. You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father." This is the Gospel of the Lord.

SACRAMENT OF THE WORD OF GOD

PROFESSION OF FAITH

I believe in One God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. I believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten not made, of one being with the Father. Through Him all things were made. For us and for our salvation He came down from heaven: by the power of the Holy Spirit, He was born of the Virgin Mary

here genuflect

AND BECAME MAN. For our sake He was crucified under Pontius Pilate; He suffered death and was buried. On the third day He rose again in fulfillment of the Scriptures; He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and His kingdom will have no end. I believe in the Holy Spirit, the Lord and Giver of Life Who proceeds from the Father. With the Father and the Son. He is worshipped and glorified. He has spoken through the prophets. I believe in One, Holy, Catholic and Apostolic Church. I acknowledge one baptism for the forgiveness of sins. I look for the resurrection of the dead and the + life of the world to come. Amen.

GENERAL INTERCESSION

CELEBRANT: To the God who so much wants to give light to the world's darkness and salt to heal its many wounds, let us pray in our need.

L: Please respond, **“LORD, HEAR OUR PRAYER!”**

L: That all of us, God’s people, may be salt and light for the world, a people free of false accusation and malicious speech, practicing in our own community the justice we preach to others, we pray...

L: That peace, reconciliation, and freedom from fear may supplant the war, terrorism, and turmoil that threaten too many peoples, especially the people of Ukraine, we pray...

L: That reason and compassion may be the hallmarks of our government leaders’ conversations on what best serves the common good, we pray...

L: That Fr. James Ploskina, who celebrated his First Mass of Ordination yesterday and begins his priestly ministry inspire those who he will be assigned to as pastor, we pray...

L: That we may lead others to give glory to God, letting the light shine in and through our good works here in Holy family parish, we pray...

L: That the sorrowing may be consoled by Easter’s promise of life that never ends; and, N, and all our beloved dead come to the forever embrace of our God’s love and peace, we pray...

CELEBRANT: Lord God, you have made us salt to bring the flavor of holiness to the world and light to bring the brightness of hope to its peoples. Help us each day to be the people you would have us be. We ask this through Christ our Lord. Amen.

OFFERTORY VERSE

Those who keep His commandments remain in Him, and He in them, and the way we know that He remains in us is from the Spirit that He gave us. **1 John 3: 24**

PRAYER OVER THE GIFTS

Lord our God, accept our offering and make us worthy in Your sight. Grant us that righteousness which is given through faith in Your Son. We ask this through the same Jesus Christ, Who lives and reigns with You, and the Holy Spirit, one God, for ever and ever.

PREFACE-THE GREAT THANKSGIVING

SANCTUS

Holy, Holy, Holy Lord, God of power and might, Heaven and earth are full of Your glory. Hosanna in the highest. Blessed +□ is he who comes in the name of the Lord. Hosanna in the highest.

Father, for ever and ever. **R. Amen.**

EUCCHARISTIC PRAYER 2

We give thanks to You, God our Father, through Your beloved Son, Jesus Christ, Whom in these last days You have sent us as Savior, Redeemer and Messenger of Your will. He is Your Word, inseparable from You. Through Him You have made all things and in Him You were well pleased. You sent Him from heaven to a virgin's womb. There He dwelt and was made flesh. He was revealed as Your Son, born through the Holy Spirit and of the

Virgin. When He suffered, He fulfilled Your will and gained for You a holy people. He stretched out His hands to free from suffering those who believed in You. When He was betrayed to His freely chosen suffering, thereby to destroy death, to break the chains of darkness, to crush hell beneath His feet, to give light to the just, to make a covenant and to manifest His resurrection. He took bread; He gave You thanks and said: **TAKE AND EAT: THIS IS MY BODY WHICH IS BROKEN FOR YOU.** In like manner He took the cup and said: **THIS IS MY BLOOD WHICH IS POURED OUT FOR YOU.** Whenever you do this, do it in memory of Me. Calling then His death and resurrection to mind, we offer You the Bread and the Cup. We thank You for allowing us to come before You and to serve You. We ask You to send Your Holy Spirit upon the offering of Your holy Church to gather all in unity. Grant to all who partake of these Holy Mysteries the fullness of the Holy Spirit for the strengthening of their faith in the truth. So, may we praise and glorify You through Your Son, Jesus Christ.

Holding the Sacred Host above the Chalice, he elevates them and says or sings:

Through Him may glory and honor be Yours, with the Holy Spirit, in Your holy Church, now and for ever and ever.

R. Amen.

COMMUNION RITE

C: *Let us pray with confidence to the Father in the words our Savior gave us:*

Our Father, who art in heaven, hallowed be Thy Name, Thy Kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil.

C: Deliver us Lord, from every evil, and grant us peace in our day. In Your mercy keep us free from sin and protect us from all anxiety as we wait in joyful hope for the coming of our Savior, Jesus Christ.

R: For the kingdom, the power and the glory are Yours, now and forever.

Breaking of the Bread

C: The Cup of Blessing which we bless, is it not a participation in the Blood of Christ?

C: The Bread which we break, is it not a participation in the Body of Christ?

R: Because there is one Bread, we who are many, are one body, for we all partake of the one Bread.

C: May the union of divinity and humanity in Jesus Christ bring us sanctification and eternal life.

R: Amen.

C: Lord Jesus Christ, You said to Your apostles: I leave you peace, My peace I give you. Do not look at our sins, but on the faith of Your Church, and grant us the peace and unity of Your kingdom where You live for ever and ever. Amen.

C: The peace of the Lord be with you always.

R: And also, with you.

C: Let us offer each other a sign of peace.

Give a nod or a wave of hand as a sign of peace

Lamb of God, You take away the sins of the world,

have mercy on us.
Lamb of God, You take away the sins of the world,
have mercy on us.
Lamb of God, You take away the sins of the world,
grant us peace.

COMMUNION PRAYER

Lord Jesus Christ, Son of the Living God, by the will of the Father and the work of the Holy Spirit, Your death brought life to the world. By Your holy Body and Blood free me from all my sins and from every evil. Keep me faithful to Your teaching and never let me be parted from You.

C: I will take the Bread of Heaven and call upon the name of the Lord.

The celebrant and congregation together say only once:

Lord, I am not worthy to receive You,
but only say the word and I shall be healed.

May the Body of Christ bring me to everlasting life.
May the Blood of Christ bring me to everlasting life.

THE COMMUNION OF THE FAITHFUL

This is the Lamb of God Who takes away the sins of the world.
Happy are those who are called to the table of the Lord.

C: Lord, may I possess with a pure heart that which I have taken as food, and may the Gift I have received bring me healing and strength now and forever.

COMMUNION VERSE

C: For this is love, that we walk according to His commandments; this is the commandment, as you heard from the beginning, in which you should walk. **2 John 1: 6**

PRAYER AFTER COMMUNION

Let us pray. [pause briefly] Heavenly Father, nothing is hidden from Your sight. Through these Gifts we have received from Your altar help us to avoid the evils of our day and draw us closer to Your holy Law. We ask this in the name of Your Son, Jesus Christ, Who lives and reigns with You and the Holy Spirit, one God, for ever and ever. **R: Amen**

CONCLUDING RITE THE PRIEST'S BLESSING

C: The Lord be with you.

R: And also, with you.

C: May the blessing of almighty God: The Father, + the Son and
the Holy Spirit come upon you and remain with you forever.

R: Amen

C: Let us Bless the Lord **R:** Thanks be to God.

Closing Hymn: "This Day God Gives Me"

This day God gives me, strength of high heaven.
Sun and moon shining, flame in my hearth.

Flash of lightning, wind in its swiftness
Deeps of the ocean, firmness on earth.

This day God sends me, strength as my guardian.
Might to uphold me, wisdom as guide.
Your eyes are watchful. Your ears are list'ning.
Your lips are speaking, friend at my side.

God's way is my way; God's shield is round me,
God's host defends me, saving from ill.
Angels of heaven, drive from me always.
All that would harm me stand by me still.

Rising I thank you, Mighty and strong One.
King of creation, Giver of rest,
Firmly confessing, Three-ness of Persons
Oneness of God head, Trinity blest.