



TWENTIETH SUNDAY IN ORDINARY TIME

Proverbs 9:1-6
Psalm 34
Ephesians 5:15-20
John 6:51-58

KEY VERSE: "Those who eat my flesh and drink my blood have eternal life and I will raise them up on the last day" (v 54).

READING: In the sixth chapter of John's Gospel, there are two important elements in Jesus' pronouncement that he was the "bread of life" (v 35). In John 6:35-50, the "bread of life" is a figure of God's revelation in Jesus, the "word made flesh" (1:14). Beginning in verse 51, the sacramental theme comes to the fore. Just as God fed the Israelites with heavenly manna on their wilderness journey in the Exodus (Ex 16:4), Jesus nourished the faithful with his own body and blood on their spiritual journey. He is both word and sacrament. Jesus plainly said that his flesh was "true food" and his blood was "true drink" (v 55). The reality of these words was emphasized by the Greek word for eating (phago) that meant to "gnaw" or to "munch." Ordinary bread sustained human life, but "heavenly bread" enabled those who ate it to receive divine life. In the Eucharist we are spiritually transformed by Christ's body and blood so that we can worthily enter God's eternal reign.

REFLECTING: Lord, I praise you for your loving kindness in giving us divine food for our souls.

PRAYING: Lord Jesus, help me to be your presence to those I meet today.

Attend Mass Every Sunday, Keep Holy the Sabbath Day

Holy Family Parish
National Catholic Church
1921 Eden Park Boulevard
McKeesport, Pa. 15132
412.678.0566 Office; Auditorium 412.664.7009
www.hfpncc.org

FOR MY FLESH
IS THE TRUE FOOD
and MY BLOOD IS
THE TRUE DRINK



20th Sunday Ordinary Time
August 16, 2009

Change of address or phone number, for parish registration, hospital visitations and sacramental needs, baptism and wedding arrangements, please contact the Parish Office by calling 412.276.5562 or 412.678.0566. **Office Hours:** Tuesdays & Fridays 9:00 A.M. to 12:00 P.M. Evenings by appointment. **Bulletin announcements** should be received by Father by Wednesday for Sunday publication either by phone or E-mail at BSleczkowski@aol.com

Parish Staff

Fr. Bruce Sleczkowski, Pastor 412.276.5562
Ted Gibala, Committee Chairman 412.678.7347
Dr. Donald Mushalko, Chopin Choir Director 412.678.4437
Wendy Blotzer, Organist, Bell Choir 412.673.4495
Deborah Parknavy, SOCL Coordinator
David Kost, Lector Coordinator
Parish Custodian 412.678.7347



OPENING HYMN "Let us Sing our Song of Praise" Bulletin
 INTRODUCTORY RITE Page 63
 INTROIT Deuteronomy 8:3
 P: He therefore let you be afflicted with hunger and then fed you with manna,
 a food unknown to you and your fathers.
**R: In order to show you that not by bread alone does a man live, but
 by every word that comes forth from the mouth of the Lord.**
 P: Glory be to the Father and to the Son and to the Holy Spirit.
**R: As it was in the beginning, is now, and ever shall be, world
 without end. Amen.**
 THE KYRIE Page 67
 GLORIA Page 68
 OPENING PRAYER
 LITURGY OF THE WORD
 First Reading Proverbs 9:1-6
 Responsorial Psalm Psalm 34
L: Taste and see the goodness of the Lord.
R: Taste and see the goodness of the Lord.
 Second Reading Ephesians 5:15-20
 Gospel Acclamations.
 C: Alleluia, Alleluia, Alleluia.
R: Alleluia, Alleluia, Alleluia.
 C: All who eat my flesh and drink my blood live in me, and I in them, says the
 Lord.
R: Alleluia, Alleluia, Alleluia!
 Gospel John 6:51-58
 NICENE CREED Page 71
 HOMILY
 GENERAL INTERCESSION
R: Lord, Hear our Prayer
 PRAYER OVER THE GIFTS
 THE GREAT THANKSGIVING
 SANCTUS Page 76
 CANON Eucharistic Prayer 5 Page 92
 THE LORD'S PRAYER Page 95
 LAMB OF GOD Page 97
 COMMUNION Page 98
 POST COMMUNION PRAYER
 BLESSING Page 100
 CLOSING HYMN "All Creatures Of Our God and King" Bulletin

Steeler Tickets

The YMSR is now selling Season Pass
 Tickets for the upcoming football season at \$10.00
 They are selling fast so, buy yours before they are
 all sold out. Drawing will be September 1st.



Parish Annual Picnic, September 13, 2009, Renzie Park

3 Churches Flea Market, Saturday, September 19, 2009

Star Cleaning out the garages and basements

Parish parking lots

SAMBS Annual Steeler Party Sunday, September 20th

Door Opens 3:00 P.M. Big Screen TV

Dinner Buffet, Chinese Auction, Complimentary Drinks (BYOB)

Adults \$15.00 Child (under 10) \$7.00

For Tickets call Barbara Tadajski @ 412.953.7823

or any SAMB Member

Fr. Senior Marcel Pytlarz Retirement Celebration

*Fr. Sen. Pytlarz will be retiring after 45 years of the priesthood
 Sunday, August 30th with a Mass at 4:00 P.M. followed with a
 Retirement Dinner at 6:00 P.M. in the Villa Restaurant 2500 New
 Butler Road, New Castle, PA. Tickets are \$25.00 per person and
 the deadline to RSVP is August 16th today. For tickets and
 reservations please contact Fr. Bruce who will make the
 arrangements. Checks can be made out to Holy Trinity PNCC.*

Can You Help?

*We have two individuals who need transportation to attend worship
 services on Sunday and Holy Days. One is in North Huntingdon
 and the other is in McKeesport. If you can help, please call Fr.
 Bruce for details @ 412.276.5562. Thank you in advance.*

Parish Prayer List

Our Sunday Prayer list is getting longer and needs to be undated. If
 there are individuals who can be removed because of improved
 health, please contact Fr. Bruce so proper changes can be made.



"Heed Me, and you shall eat well,
 you shall delight in rich fare."

Isaiah 55:2b

Lajkoniki News

Parents of the dancers are to be present today at 1:00 P.M. to begin making the Potato Pancake Batter for International Village. Just come to the parish hall and roll up your sleeves.

Spojnia 100 Percent PNU Family Campaign

Is everyone in your family a PNU member? Not yet? From now through September 30th, everyone in your Family will have the opportunity to enjoy the benefits of Being a PNU member. During this open enrollment period, all medical exams will be waived making enrollment easier. For more details on the PNU, its products and benefits, please contact Rosalie Clark here at Church so she can show you the many benefits of the PNU and welcome you as part of our 100% PNU Family.



International Village News

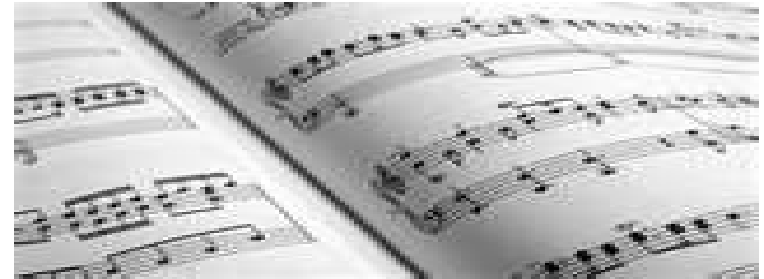
The 50th International Village is here. We need your help! If you can give any time during the week, please do so. This is our parish's biggest fundraiser and all parish members are requested to give their time and talent to make this the best fundraiser ever. Where are you needed? Booth Construction and Take Down, call Tim Tomco @ 412.672.6926; Food Prep and Cooking, call Steffi Coddington @ 412.672.5403 or Wanda Korenoski @ 412.461.1424; Also call Wanda concerning Booth Sales Schedules; Clean-Up Crew, call Gary Coddington @ 412.672.5403; and for Food Transportation, call Ted Gibala @ 412.678.7347. Volunteers are reminded that they must wear their admission badges to the festivities in Renzie Park. These badges can be obtained in the parish hall. We will accept help from young and old alike, and yes, friends are invited to help out during the week.

Are you receiving the Acts and God's Field (Rola Boza)? An updated list was sent several months ago. If you are not receiving these publications, inform Fr. Bruce to rectify the situation. Also, please fill out the Parish Census Form if you haven't done so yet.

Opening Hymn: "Let Us Sing Our Song of Praise"

Let us sing our song of praise as our grateful hearts we raise
(and we sing in contemplation of Thy wond'rous ways).

In this Holy Sacrament, Christ our Lord from Heav'n is sent
(That we might have life eternal, blessed covenant).



Closing Hymn: "All Creatures of Our God and King"

All creatures of our God and King,
Lift up your voice and with us sing
Alleluia! Alleluia!

O burning sun with golden beam
And silver moon with softer gleam;
O praise Him, O praise Him,
Alleluia, Alleluia! Alleluia!

Let all things their Creator bless
And worship Him in humbleness,
O praise Him, Alleluia.
O praise the Father, praise the Son,
And praise the Spirit, Three in One!
O praise Him, O praise Him,
Alleluia, Alleluia! Alleluia!

Theme: Eternal Life

Sometimes the thought of eternal life is rather depressing when we think of our kind of existence as going on forever. But we can no more understand what life with God is like than a two year old child can enjoy a game of bridge.

In Holy Scripture, trying to teach simple people, God described life with Him as a banquet. Who does not enjoy parties and banquets? They are highlights in our lives. During Mass, Jesus invites us now to a banquet. We are to eat at His table and receive at the same time, a promise of living forever with Him. With this food, the Eucharist, we draw life from Him; we draw upon His energy and vitality.

Something else happens to us. We begin a new life. With Jesus living in us, we are mandated to change our focus in life. No longer are we allowed to be disagreeable, touchy, standing on our own personal agenda. As a popular commercial says, "think outside the bun", we have to go outside of ourselves and our own interests, putting the needs and happiness of others first. We imitate Jesus. We learn His ways. We attempt to know Him. When this all comes about, we come to the knowledge of the joy which can be ours when we unite to Him. Jesus established the Church to continue the Covenant. We take His Covenant and share it with others. After all what is the final goal of every individual? Isn't it eternal life in the Kingdom of God? May we never lose focus to where our true priorities really are life with Christ.

Sunday Ministry Schedules

<u>This Week</u>	9:00 A.M.
Lectors	Blue Team
Greeters	M. Krusienski
Ushers	D. Newcamp & W. Albeck
Acolytes	All Servers
<u>Next Week</u>	9:00 A.M.
Lectors	Yellow Team
Greeter	H. Albeck
Ushers	R. Bongiorno & W. Griffiths
Acolytes	All Servers



This Week

Sunday, August 16, 2009

20th Ordinary Time

Holy Mass

9:00 A.M.

+Stella Bryla Int. Mr. & Mrs. Warren Albeck & Family;
+Dwight Momeyer Int. Mr. & Mrs. T. Tomco & Family;
+Andrea Reuter & + Andrew Lenart (40th Ann) Int. mother and wife Margaret Piskor, husband Roy Reuter, Agnes Cerpani; Tim & Eileen Rojas.

Sunday, August 23, 2009

21st Ordinary Time

Holy Mass

9:00 A.M.

+Tom Tondera Int. wife Kay Tondera;
+Raymond Piechowicz Int. wife Roseanne Piechowicz and Family.

School of Christian Living Classes will resume Sunday, September 20th after the 9:00 A.M. Mass and we will resume our Second Sunday Mass on the same Sunday. Mass will be celebrated at 11:00 A.M. upon request of those who attend.



Pancake Breakfast Thank You

To all who helped, the YMSR Members, Relay for Life Volunteers, and Parish Members who make the pancake breakfast success with their help and participation. We were able to give the donate over \$400.00 to

The American Cancer McKeesport Relay for Life. Our parish through contributions and volunteer work collected over \$1000.00. God bless you all.

Memorial Donation

We thank Mrs. Roseanne Piechowicz and Family for their memorial donation to Holy Family Parish of \$1000.00 in memory of husband and father, Raymond Piechowicz. God bless you.

People who rely most on God
Rely least on themselves.